

1. Psychotherapist Accreditation

Higher Accredited Registered Member

Psychotherapist

UKAHPP Register of Humanistic Psychotherapists and Psychotherapeutic Counsellors

– Accreditation Criteria (Summary)-

The UKAHPP welcomes applications from Psychotherapists working with adults in the United Kingdom in the category of *UKAHPP Higher Accredited Registered Member: Psychotherapist* incorporating entry on to the *UKAHPP Register of Humanistic Psychotherapists and Psychotherapeutic Counsellors (UKAHPP Register)* accredited by the Professional Standards Authority (PSA).

As the following is a summary of the Higher Accreditation Criteria, applicants are required to read the *Detailed Accreditation Criteria* before completing the Application Form – see *link* below.

All Psychotherapist Accreditation applications will be processed by the Membership Committee for entry on to the *UKAHPP Register* before Accreditation verification is conducted by the Accreditation Committee.

As an Organisational Member of the UK Council for Psychotherapy (UKCP) the UKAHPP may sponsor Higher Accredited Psychotherapists for UKCP Registration with the Humanistic and Integrative College (HIPC) under the UKCP Central Complaints Procedure. An additional annual fee applies for this facility.

A. Minimum Criteria

UKAHPP Psychotherapist Accreditation is open to applicants who have successfully completed a full practice based Master's level training programme in a Humanistic Psychotherapy approach **OR** an equivalent portfolio of Master's level trainings, including a substantial Humanistic Psychotherapy Training. Any accreditation criteria not covered by a core training programme must be evidenced by completion of additional post graduate modular training with qualifications. Applicants are normally expected to apply for accreditation within 2 years of graduation. The following is a summary of the accreditation criteria:

- The award of a Humanistic Psychotherapy qualification at **Level 7** or equivalent of the *Quality Assurance Agency (QAA): Framework for Higher Education Qualifications of UK Degree-Awarding Bodies* (Master's Degree, Integrated Master's Degree, Postgraduate Diploma, Postgraduate Certificate). As other frameworks exist and may vary, applicants must demonstrate how their training equates to level 7 of the QAA
- **900** training hours (comprising core training, supervision, mental health familiarisation placement) with a minimum of **600** direct tutor contact hours core training over a minimum of 4 years part-time covering the: Theory and Practice in a recognised Humanistic Psychotherapy approach; Theoretical understanding of other Humanistic Psychotherapy approaches and alternative Psychotherapy Modalities such as Psychoanalytic and Cognitive Behavioural Therapy approaches; Diversity and Equality; Research; Safeguarding Awareness; Ethics; Security and Confidentiality
- **450 hours** of **supervised practice** in a recognised area of psychotherapy practice, over a minimum of 2 years.
- **1 hour of supervision** to **6 hours of Client Contact** that reflects the approach practiced, in an established face-to-face relationship preferably with the same UKAHPP Higher Accredited Psychotherapist/Supervisor or equivalent.
- A minimum of **160 hours** of face-to-face **Personal Therapy** in the approach the applicant practices, over at least **4 years**, with not less than **40 hours** per year, preferably with the same Accredited Psychotherapist for **3 years**.
- Completion of a **48 hours** Mental Health Familiarisation Placement.

In addition applicants are required to:

- Submit a **Supervisor's Report**
- Submit a **Referee's Statement**
- Submit 4,000 word **Case Study**
- Submit 1,000 word **Humanistic Orientation Statement**
- Hold **Indemnity Insurance** – during and post training
- Undertake post training, at least 250 hours of **Continuing Professional Development** over a 5 year period with a minimum of 20 hours per year
- Continue in practice working with adults in the United Kingdom of Great Britain and Northern Ireland
- Maintain a **Therapeutic Executor** arrangement
- Have their name and professional standing, included on the publically available **UKAHPP Register of Humanistic Psychotherapists and Psychotherapeutic Counsellors**, including complaints and sanctions if applicable, published in the public area of the UKAHPP website
- Complete a **Notification of Practice and Annual Renewal Declaration Form** and provide identity data relevant to their practice as required by UKAHPP.
- Comply with requirements governing the representation of UKAHPP Membership, Registration and Accreditation and the use of the UKAHPP and PSA names and logos.

- Declare any upheld or current **complaints** about their practice and any **criminal convictions** prejudicial to their fitness to practice.
- Declare that their **health and character** (physical and mental) is of sufficiently good standing to enable them to practice safely and effectively.
- Abide by the published requirements governing 5 year renewal of accreditation under the **UKAHPP Re-Accreditation Procedure** Abide by the UKAHPP Code of Practice and Ethical Principles and be held accountable for their practice under the UKAHPP Complaints Procedure

B. How to Apply

Please access the following documents for additional information and an Application Form

[DETAILED-CRITERIA-Psychotherapist-Accreditation](#)

[APPLICATION-FORM-Psychotherapist](#)

[SUPERVISOR'S REPORT](#)

[REFEREE'S STATEMENT](#)

[MENTAL HEALTH FAMILIARISATION GUIDELINES](#)

[CASE STUDY GUIDELINES](#)

Applications are to be submitted on the latest version of the *Application Form* in 12 point black **Arial** font and returned with supporting documents as **PDF** email attachments to admin@ahpp.org.uk

C. Unsuccessful Applications

In the event of an unsuccessful application, a written request can be made to the Chair of the UKAHPP Accreditation Committee for the decision to be reviewed by the Accreditation Committee. Evidence is to be provided as to how identified omissions to the published criteria for UKAHPP Psychotherapist Accreditation have been complied with. The UKAHPP Accreditation Committee's decision will be final.

D. Additional Information

The UKAHPP Accreditation Committee reserves the right to call applicants for interview if aspects of the accreditation criteria cannot be verified by other means.

All UKAHPP Higher Accredited Psychotherapists are required to undertake Re-accreditation every five years. Accreditation and Registration will be suspended if arrangements for Re-Accreditation have not been agreed within 12 months of the scheduled renewal date and will lapse if not completed within 18 months of the

scheduled renewal date. Practitioners whose UKAHPP Psychotherapist Accreditation has lapsed are eligible to re-apply for Accreditation in accordance with published requirements.

The UKAHPP will hold information provided by applicants in accordance with Data Protection requirements and will delete information relating to unsuccessful applications from accreditation its records 18 months following submission.

E. Public Protection

To enhance public protection and the promotion of confidence, the UKAHPP will share and seek information about the professional standing of applicants from other register holders and professional organisations.

The UKAHPP Administrator (Accreditation Committee)

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