



Association for  
Humanistic Psychology  
in Britain (AHPb)

Self &  
Society  
Journal

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# **AHPb Annual Conference 2018**

## **Love, Madness and Transformation - Humanistic Stories**

**Saturday 30th June 2018** 10am-5pm

Venue: Resource for London, 356 Holloway Road, London N7 6PA

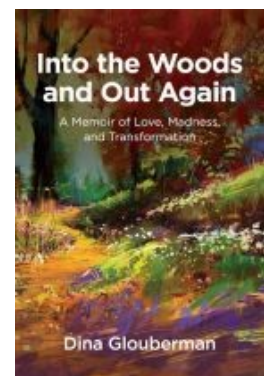
Simple lunch, refreshments and **CPD certification** will be provided.

This is also a wonderful networking opportunity for psychologists, therapists and allied workers, and for all humanistic therapists to connect with the very heart of our work.

This conference will create a space for eminent figures in the Humanistic Psychology movement to tell their personal stories. Even the world of political campaigning is now starting to realise that personal, human stories can and do cultivate the deepest of human connection, and this day of deep sharing, experiential engagement and small group work will connect us all with both our own and others' stories, and with Story as Archetype for what it means to be human.

Speakers will include **Dr Dina Glouberman, Jill Hall, Jay Ramsay, Malcolm Stern, Dr Serge Beddington-Behrens** and **Julian Nangle**. The conference will be chaired by **Richard House** and introduced by **Lucy Scurfield**.

The conference will also double as a book launch, chaired by Julian Nangle, of Dina Glouberman's latest book, ***Into the Woods and Out Again: A Memoir of Love, Madness and Transformation*** – an inspiring memoir that, with honesty and down-to-earth humour, invokes the essence of a remarkable time and place by a woman who dared to make her dreams a reality. Signed copies will be available to participants at a bargain price.



**Bookings:** This promises to be a highly popular event, so we advise early booking to avoid disappointment. **Cost:** £65 // £50 for AHPb members // £40 for concessions (seniors, full-time students & benefit recipients. Please note that the entitlement to concessionary status will be checked during registration on the day.) For full details and the **Eventbrite** link please see: [AHPb Annual Conference 2018 Programme](http://www.ahpb.org/index.php/ahpb-annual-conference-2018) page: [www.ahpb.org/index.php/ahpb-annual-conference-2018](http://www.ahpb.org/index.php/ahpb-annual-conference-2018)

**AHPb Annual Conference 2018: Love, Madness and Transformation: Humanistic Stories**  
**Saturday 30th June 2018: PRESENTATIONS**

**Dina (Zohar) Glouberman:**

**“Love, Madness and Transformation – My Story”**

In her new memoir, *Into the Woods and Out Again: A memoir of love, madness and transformation*, Dina Glouberman describes the process of going mad, and traces her journey from a few wild, intense, and unforgettable months on a psychiatric ward through the thirteen intensely creative years in which she dared to make her dreams a reality, including co-founding the world-famous Skyros holidays and creating Imagework therapy. Dina will be talking about her experience of madness, making sense of what seems irrational, showing what was key to her healing process, and demonstrating the deep interconnectedness of madness, spirit, community, and the imagination.



**Jay Ramsay: “Grit and Pearl”**

What happens when a diagnosis tells you your life can never be the same again? How do we learn to see the journey? This talk (with poetry) by an acclaimed poet and psychotherapist considers the intervals of change and transformation.

**Jill Hall:**

**“My Thoughts on Love, Madness and Transformation”**

What a title! Love is humanity’s definitive gift and the fulfilment of our being. It is, in itself, transformational. It calls forth a plethora of other noble qualities and stretches us to our limits. For the joy it brings it will also entail great suffering. Some could thus experience love as a form of madness or a daunting, terrifying trap.



**Malcolm Stern: “The Empath as Therapist and Healer”**

There is a growing capacity within the humanistic movement for the therapist to be able to stand in another’s shoes. The more life experience we are able to have as therapists, the more potent the ability to travel alongside our clients. In this presentation Malcolm will explore his own journey in parallel with his 30+ years of therapeutic practice.

**Serge Beddington-Behrens:** Serge will introduce and facilitate the closing plenary sharings.



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For full details of the conference presenters, follow this link:  
[www.ahpb.org/index.php/ahpb-annual-conference-2018](http://www.ahpb.org/index.php/ahpb-annual-conference-2018)