



**UK Association for Humanistic
Psychology Practitioners**

Board of Directors Meeting (*Minutes*)

January 20th 2024

Online via Zoom

PRESENT: Jenny Coxwell-White, Kathrin Stauffer, Emmeli Sundqvist, Liz Shelley, Stephanie Woolcott, Jenny Woolliscroft, Linda Newbold, Karen Davies-Hough and Jan Holton (Administrator)

APOLOGIES: Irene Dudley-Swarbrick

MINUTES OF LAST MEETING

The minutes of the last Board Meeting on December 12th were approved.

MATTERS ARISING

Following the request for volunteers 6 members have expressed various levels of interest. Sasha Rosen was to meet with the Board later in the meeting and it was decided that 2 dates to meet for discussion should be offered to the remaining volunteers – the next meeting on February 17th and an additional Board meeting on February 10th.

The following roles are vacant:

- Treasurer
- Bookkeeper
- HIPC Rep
- IT Officer
- Ethics Chair
- PSA Communications Officer

There is also a place for Board Directors without Portfolio and a Marketing group.

Julie Goldstein who was previously part of the Registrar's Team has volunteered to be the Registrar and it was agreed to invite her to the next Board meeting.

MAIN AGENDA

1. Adjunct Therapies – Revision of wording

Stephanie had drafted an amendment to the wording of 2.7 of the Code of Practice to read as follows:

- 2.7 We recognise that Humanistic Psychology embraces a wide range of therapeutic techniques. Registrants are likely to draw on a number of these within their psychotherapy practice. The Registrant must be qualified to use these techniques/approaches, (e.g. the use of art therapies, body-centred psychotherapy). Information on the techniques that may be included is required to be provided to the client at the start of the psychotherapeutic relationship and detailed within the written contract for the work.

The amendment was agreed, and the website will be updated.

2. Possibility of rationalising the responsibilities of Registrar, Membership and Accreditation Committees

The possibility of combining the Membership and Accreditation Committees was discussed and Kathrin volunteered to approach the Membership Committee members and suggest a preliminary meeting.

3. Co-option of Board Members

Sasha Rosen had expressed interest in Board Membership and joined the meeting to introduce herself and discuss what she can offer.

The Board voted unanimously to co-opt Sasha Rosen and also Karen Davies-Hough as Board Directors.

4. Student Membership

Student membership exists for those on UKAHPP approved courses and it was agreed that this could be offered to students at other training organisations. Liz led a marketing group last year and prepared a Graduate Leaflet. Sasha and Karen volunteered to look at the existing criteria and the Graduate Leaflet and take this forward.

ANY OTHER BUSINESS

There was no other business.

DATES OF NEXT MEETINGS:

Saturday February 10th 10.00am

Saturday February 17th 10.00am



**UK Association for Humanistic
Psychology Practitioners**

Board of Directors Meeting (*Minutes*)

February 17th 2024

Online via Zoom

PRESENT: Jenny Coxwell-White, Kathrin Stauffer, Emmeli Sundqvist, Stephanie Woolcott, Irene Dudley-Swarbrick, Terry Hay, Sasha Rosen, Julie Jenner, Jenny Woolliscroft, Karen Davies-Hough, Hilary Price and Jan Holton (Administrator)

APOLOGIES: Liz Shelley

Jenny volunteered to chair the meeting.

MINUTES OF LAST MEETING

The minutes of the last Board Meeting on January 20th were approved.

MATTERS ARISING

All matters arising covered on main agenda.

MAIN AGENDA

1. PSA update

Stephanie reported that she has been working on the conditions that the PSA set in 2023, which involves the Complaints Procedure and also on the Annual Accreditation Form. Some edits and wording were agreed.

2. The possibility of rationalising the responsibilities of the Registrar, and the Membership and Accreditation committees – update

Members from the Membership and Accreditation Committees are meeting on February 27th to discuss the possibility of amalgamating the committee. Jan is contacting the new Registrar, Julie Goldstein to arrange for her to meet with the Board. The previous Registrar, Bill Stanley has offered to help in any way he can.

3. Articles of Association

Emmeli is hoping to review the Articles of Association before she stands down at the end of March.

4. Safeguarding Policy

Stephanie reported that she has drafted a safeguarding policy in line with UKCP. It was suggested that a sub-committee of Ethics be co-opted to deal with PSA communications.

ANY OTHER BUSINESS

There was no other business.

DATE OF NEXT MEETING: 16 March 2024