



UKAHPP Newsletter

THE UK ASSOCIATION OF HUMANISTIC PSYCHOLOGY PRACTITIONERS

16 March 2026

A message from the UKAHPP board and the Editors of the Newsletter:

We are looking forward to greeting you all at the UKAHPP [Annual General Meeting](#) of the UKAHJPP on 21st March 2026 from 11 am to 12:30 am.

The Zoom link for the meeting will be circulated before the AGM.

There will be a 30 minute break for lunch, followed by an afternoon discussion from 1:30 pm to 2:30 pm

In this issue of our Newsletter, we would like you to meet the eight individuals who serve as your board members.



Hello, I am Jo Molle, the UKAHPP chair

I am a Chartered Psychologist, a BACP-accredited Psychodynamic Counsellor, and a UKAHPP- and UKCP-registered Psychotherapist. I first qualified in 2010 and have continued to work in low-cost, community-based counselling services alongside my academic roles, something that remains deeply important to me.

Over the years, I have worked across clinical practice, service leadership and higher education. As a psychologist, I have contributed to mental health initiatives within university settings and spent over 5 years managing a hospital counselling service, specialising in work with people living with chronic and life-limiting illness. That experience continues to shape how I think about care, ethics and professional responsibility.

I have more than 20 years' experience in further and higher education. I am currently a Departmental Lecturer and Director of Studies for Psychodynamics at the University of Oxford. Alongside this, I hold a senior academic role at the New School of Psychotherapy and Counselling (NSPC), where I am involved in existential training and doctoral-level provision. Working across psychodynamic and existential trainings has given me a broad perspective on professional standards, curriculum development and the evolving landscape of psychotherapy education.

My work centres on supporting trainees in their development and contributing to thoughtful, forward-looking conversations about the future of psychotherapy training and professional practice.



I am Jenny Coxwell-White, General Secretary of UKAHPP.

I recently retired from a 30+ year career as a psychotherapist in private practice. My training was as a body psychotherapist and I also hold a Masters from the Tavistock in Psychoanalytical Studies. I passionately believe in psychotherapy as a relationship between client and therapist where everything can be thought about and explored, with the therapist holding the space for what sometimes seems unbearable and, thus, unthinkable. I believe that UKAHPP also represents this possibility and attitude and I hope we can grow as a voice in the profession and mount a challenge to the increasingly manualised, non-relational way in which therapy is now often presented.



May I introduce myself?

I am Kathrin Stauffer, the current chair of the UKAHPP Membership and Accreditation Committee (MAC) and Board member.

I am a body psychotherapist and originally trained at the Chiron Centre for Body Psychotherapy in the 1990s. I work in Cambridge in private practice as a Body & Humanistic Psychotherapist, Supervisor, Trainer and organiser of training in Somatic Trauma Therapy for Babette Rothschild.

I was Chair of the Chiron Association for Body Psychotherapists from 2008 to 2016 and remained on the Board of that organisation afterwards until it was dissolved in 2020. I was part of negotiating the migration of most of our members to AHPP at that time and feel still very happy to have done this. I enjoy being in AHPP, as it is a friendly organisation where there is a tendency to complete necessary tasks efficiently, without unnecessary bureaucracy, and as kindly as possible towards members.

I currently work on the Board of the European Association for Body Psychotherapy, and this is quite time-and energy-consuming. I am therefore planning to step down from my role in AHPP at the end of 2026.



I'm Kasia Marzec, currently serving as Treasurer for UKAHPP. I was born, raised and educated in Poland, hold an MA in Economics from the University of Krakow, and am a CIMA-qualified Management Accountant.

For over 15 years, I have helped to steward and grow a multi-million-pound international business, working across finance, P&L, sales and managing key accounts, product development, contract negotiation and relationship-building with diverse stakeholders.

I care deeply about UKAHPP as a living humanistic community, and I want to help us not only survive in challenging times but also come fully back onto the map as a vibrant, confident presence in the wider field.

My intention is to support the Board in modernising how we work, using our resources wisely, and creating structures that will carry the Association safely through the generational shifts it is currently navigating.

I have huge respect for the wisdom, creativity and depth of practice within UKAHPP's humanistic psychotherapy community, and would love to see this legacy flourish, seed new projects, and be passed on to future generations of practitioners and members.



Hello, I am Sasha Rosen. I lead the team producing our nascent Newsletter. I have been a higher accredited member of AHPP since 2003. I began training as a transpersonal, client centered, creative arts psychotherapist in Berkeley, California. I have an MA in Jung and Post-Jungian Studies from University of Essex. My roots are in dance, art and the theories and approaches of Konstantin Stanislavski, C G Jung and Dr Margaret F. Lowenfeld. For most of my 46 years as a therapist, the focus of my practice has been on working with children and young people.

Now, I primarily provide supervision and training for clinicians working with children, young people and adults. Most of my personal clients are adults. The core training and CPDs I have developed are all part of what I call 'The Alchemy of the Psyche'. *Alchemy* symbolises the psychological process of working towards a state of wholeness and health in the human psyche. I believe this is what we, who are members of the UKAHPP all stand for, while providing a rich diversity in how we work and what we offer our clients.

I love the commitment to diversity our organisation stands for and practices. I feel very lucky to have become accredited through AHPP, because my core training began in the US, but finished in the UK. I am 'an odd duck', but I feel completely at home here.

We provide a path towards accreditation for those with unique circumstances. I hope what we offer will become more visible. Even more important, I hope we will become a home for people who are accredited through us, and don't just use us a stepping stone towards accreditation with the UKCP or BACP.



I'm LEEANNE FOWLER, a recent joiner of the Board and a Higher Accredited newcomer to UKAHPP in 2023. I joined while feeling disillusioned by bureaucracy within the profession and it took a couple of years for me to recover a sense of curiosity and to feel any desire for meaningful membership organisational belonging.

My first involvement was last year when the special meeting to discuss withdrawing from PSA membership happened. I experienced the matter being held genuinely and with respectful regard and consideration for members who could be impacted by withdrawal. I left that meeting wanting to get to know the people I had just met, get to know more about the organisation and a willingness to become more involved.

I will be hosting an informal online lunch club as a drop in for anyone who might like to meet other members and feel a bit more connection. I am part of the team producing the AHPP newsletter.



Hello, I am Hilary Price. I am a co-opted member of the UKAHPP Board, representing the London School of Biodynamic Psychotherapy (LSBP), which has been an Organisational Member since late 2023.

LSBP is a training and accrediting organisation, which is also an Organisational Member of UKCP and of the European Association for Body Psychotherapy (EABP).

After training in Biodynamic Psychotherapy at LSBP, I became a qualified Biodynamic Psychotherapist and an individual member of UKCP in 2014. I have been involved in the organisational work of LSBP since then, firstly as Membership Secretary and since 2019 as a Director.

I have a small private practice, which has remained "remote" since the Covid pandemic. I work via both audio-only and video calls, and I have been surprised and delighted to discover the intimacy, depth and power of the therapeutic work which can be done via those media, continuing long after meeting those clients for the last time in-person.

I greatly enjoy the collegiality of working with the UKAHPP Board, and hope to see further synergies developing between our two organisations in the future as we continue to develop our CPD and public-facing programmes of activity.



Hello, I'm Irene and I came to the AHPP originally as a lay member on the board, and then as a fully signed up director! Like many of our members I've had a circuitous journey to becoming a therapist, but the most significant part of my story was the training I took with Dinah Brown, a pupil of Natalie Rogers, and my introduction to the deeply humanistic and impactful Person-centred expressive art therapy that Natalie created as she extended the work of her father, Carl. I've continued my professional and personal growth under the supervision of two more of Natalie's pupils, and that lineage and way of working/being is deeply important to me. I retired recently from academia, where I spent ten growthful years teaching, supervising, and developing both talking and creative therapists. I was so proud to share with Dinah Brown when I co-created and wrote the first UK Masters in Creative Psychotherapy. And she was thrilled to know that its foundation was Natalie's approach to humanistic practice. My circuitous route has also included feminist scholarship, and I believe our stance at AHPP reflects a political positioning (as Peter Schmid had it) that 'psychotherapy is political or it's not psychotherapy'. And politics is always coupled with ethics for me. By the way I'm also chair of the ethics committee! This year I am enjoying working on what I see as a deeply political, ethical, and humanistic project with Kathrin Schaffer, as we work (mindful of the SCoPED juggernaut) to create an accreditation route for members that relies not on your economic capital (can you afford to study at post-graduate level) but recognises advanced clinical competence that comes from your sustained relational practice, ethical maturity, reflexive depth and contribution to the profession. For me, AHPP honours humanistic, relational and practice-based knowledge traditions. As my former students often heard me say: feminism interferes in dominant discourses. As a feminist, I'm enjoying contributing to interfering with the structural expectations embedded within SCoPED!



I am Julie Jenner - an Integrative Body Psychotherapist, Couples Psychotherapist, Supervisor (Training) and Trainer.

I came into the bodypsychotherapy field 29 years ago after many years in health and social care. I first accredited via the Chiron Association in 2020 and migrated to UKAHPP when the Chiron Association completed. I am a senior accredited member of UKAHPP, UKCP and EABP (European Association of Body Psychotherapy).

I run my Practice business called The Ekgenesis Centre with clinics in Bath, Oxford, West Oxfordshire and Internationally online.

I continue with my own participation in depth continuing professional development training bringing together the exquisite biodynamic mind body and spirit approach with relational trauma therapy. I am creating my own workshops and continuing professional development for both professionals and the public.

I became a volunteer co-director and member of the Board at UKAHPP in January 2024. I am the HIPC (Humanistic and Integrative Psychotherapy College) representative for UKAHPP which is an Organisational Member of UKCP. I am the lead for UKAHPP CPD program and the lead for UKAHPP EDI (Equality, Diversity and Inclusion).

In our evolving professional field, navigating the increasing potential for psychotherapy to become statutorily regulated I am committed to continuing the presence and depth contribution of Humanistic Psychotherapy.

I would like to support reform of the UKCP complaints process to include a more psychotherapeutic repair of re-enactments whilst robustly protecting both clients and practitioners from abuse.

I continue to support alternative routes to accreditation which UKAHPP champions in recognition that intersectionalities within our lives means a fair and inclusive response is needed to support diversity in our profession.

Karen Davies-Hough

Representative for UKAHPP on the UKCP Psychotherapeutic Counselling and Intersubjective Psychology College (PCIPC)

Director and Trainer at Therapy And Counselling Teesside (tact-ltd)

The Lunch Club

Leeanne Fowler is a newish Board member and is interesting in hosting an informal online lunch club as a monthly drop in for members who might like to meet and feel a bit more connection. Going forwards lunch clubs will aim to be held monthly on Mondays. The first will be Monday 30th March at 12:30 pm. Please contact **Leeanne on leeannelccp@gmail.com** and she'll send you a meeting link on the day. If you have any questions, please contact **Leeanne Fowler leeannelccp@gmail.com** and put **'Newsletter Lunch Club'** in the subject line.

Call for Articles, *Anecdotes, Inspirational quotes anything that you can offer to unite our Association as a cohesive group which can start to create a ball of energy which may attract others looking for a home which offers thought-provoking views on our field and the state of the world. Real connection!*

Please send anything you would like to be included in the next issue to:

Sasha Rosen Sasha@AlchemyPsychotherapyServices.co.uk with **'Newsletter Articles'** in the subject heading.

Workshops

Following positive feedback from the workshop facilitated by Julie Jenner, we would like to invite anyone with a workshop to offer, to put forward your ideas to **Julie Jenner juliejennerpsychotherapy@gmail.com** with **'Newsletter Workshops'** in the subject line.

Workshops can be offered to a wider public and this will generate interest and awareness of our existence as a meaningful organisation as well as possibly increasing income and providing a platform for those of you who want to gain a wider audience for your work

CPD offered by members

Any members who would like to offer a CPD, contact:

Julie Jenner juliejennerpsychotherapy@gmail.com with **'Newsletter CPD'** in the subject line.

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<https://ahpp.org.uk>

We all bring something unique

